

Welcome to Next Level Water Polo Club! We are THRILLED to have you join our thriving Water Polo Community!

Our program takes pride in giving each athlete the tools they need to

make an impact both In <u>and</u> Out of the pool.

Please read through this Packet carefully to understand how our team operates.

All Practices are at The Long Center (1501 N Belcher Rd Clearwater, FL 33765)

Next Level Clearwater Coaching Staff:



Questions? Contact Zak at nextlevelwaterpolo@gmail.com or (562) 212 5002

2025 WINTER PRACTICE TIMES (Jan - March 1st)

	10u Boys & Girls	12u Boys & Girls	14u Boys & Girls	HS Boys & Girls
MONDAY	Pool 7:00 - 8:00pm	Pool 7:00 - 8:30pm	Dryland 6:30pm Pool 7 - 8:30pm	Dryland 6:30pm Pool 7 - 8:30pm
TUESDAY	X	X	Dryland 6:30pm Pool 7 - 8:30pm	Dryland 6:30pm Pool 7 - 8:30pm
WEDNESDAY	X	Pool 7:00 - 8:30pm	Dryland 6:30pm Pool 7 - 8:30pm	Dryland 6:30pm Pool 7 - 8:30pm
THURSDAY	X	X	×	POOL/VIDEO 7 - 8:30pm

SHOES ARE **REQUIRED** FOR ALL DRYLAND ACTIVITIES!

Winter Session: Jan 6th - Mar 1st 2025

 Splashball (10u):
 \$240 (Mon only)
 14& Under:
 \$350 (Mon, Tues, Wed)

 12 & Under:
 \$300 (Mon & Wed)
 High School:
 \$400 (Mon - Thurs)

2025 Training Rosters

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10 & Under	Emma Mitchell	14 & Under	Alexander Diaz-Viana	High School	Jack Marshburn	
10 & Under	Andrew Turenkov	14 & Under	Zion Almond	High School	Aaron Chung	
10 & Under	Anthony Diaz Viana	14 & Under	Liam Marte	High School	Charlie Landsbaum	
10 & Under	Lucy Jackson	14 & Under	Gryphon Thomas*	High School	Jaden Newton	
12 & Under	Logan Lemay	14 & Under	Vance Van Keuren	High School	Kira Bushuev	
12 & Under	Logan Todd Ikenberry	14 & Under	Wren Luebke	High School	Leonardo Gamez *	
12 & Under	Owen Mitchell	14 & Under	Timothy Barber	High School	Vishwa Durgampudi	
12 & Under	Luke Jackson			High School	Declan Slattery	
12 & Under	Avena Van Keuren			High School	Graeme Towns	
				High School	Ishaan Reddy *	
				High School	Fisher Sadlowski	
				High School	Aiden Martinez	
				High School	Johnny Negrete	
				High School	Sebastian Troconis	
				High School	Mauricio Gamez	
				High School	Kenes Sugralinov	
				High School	William Roberts	
				High School	Manuel Garnica	
				High School	Daniel Issa	

^{*}New Athletes will be placed in the most appropriate program to start.



2024 Year End Accomplishments

- 1st Place at Patriot Invitational with 14u Team
- 2nd Place at Battle of the Bay with 15u Coed Team
- 3rd Place at Battle of the Bay with 12u Coed Team
- 1st Place at Central FL Championships with 14u Team
- 2nd Place at Dynamo Invitational with 14u Coed Team
- 3rd Place at Dynamo Invitational with 16u Men's Team
- Finished 7th in Platinum Division with 14u at Junior Olympics, our best finish in program history.
- Finished 15th in Platinum Division with 16u at Junior Olympics
- Finished 2nd if Gold Division with 12u at Junior Olympics
- Over 35 Athletes participating in Clearwater Program
- More coaching than ever, with 7 Active Coaches on Staff
- 12 Athletes participated in ODP Camps
- 5 Athletes named to Olympic Development Teams
- Started a Satellite Program in Cayman Islands

NEW Athlete Registration: HOW TO JOIN

To Join, New Families MUST do the following:

- 1. Visit **nextlevelwaterpolo.com** and select "Play Now".
- 2. Select your City & Complete the "Athlete Registration Form", then Enter your payment information.
- 3. Your Payment will be deducted only when you Register!
 **Please note: As your athlete develops, you will need to update their registration option to reflect their new program!!

Team Communication: WhatsApp (CLICK HERE)

- 1. Download "WhatsApp" onto your phone from the App Store.
- 2. Click the Link above or message a Coach for the Link.
- 3. WhatsApp will be used for Direct Messaging with parents, Team Messaging regarding Critical information, Upcoming Tournaments, a place for parents to share Team Photos, and a great way for our group to stay connected when we are apart! Use this App to stay IN THE KNOW!

USAWP Membership:

To compete in any Competition, you will need a **Bronze USAWP Membership**. Certain events will require a Silver / Gold Membership. (Junior Olympics, Sunshine State Games, Battle of the Bay, Beast of the East, International Tournament, etc.)

You can register for USAWP on https://usawaterpolo.org/



Competition: (CLICK HERE)

NLWP is very much a travel club team. While we host a handful of tournaments during the year to bring competition to us, it is essential to the development of our team that athletes participate in <u>as many competitions</u> <u>as possible</u>. Competition is integral to our club's ability to play as a team, each individual's development, and gives our athletes the opportunity to use the training we do throughout the year in real time situations. The link above has our forecasted schedule for the next 12 months to help everyone prepare accordingly.

Click to Register for Tournaments: HERE!

2025 Competition/Event Schedule (LIVE LIST ALWAYS ONLINE!)

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Dare to Dream	10u, 12u	Feb 1, 2nd				
International Tournament	13u Only	Feb 14-16th				
Golf Fundraiser	Open to Public	Mar 8th				
Texas Challenge	16u, 18u Men	Mar 1, 2nd				
Georgia Training Trip	10 - 14u	Mar 15 - 18th				
Cayman Training Trip	14u - 18u	Mar 19 - 23rd				
Rise Up Tournament	10u, 12u, 14u	Apr 11, 12, 13th				
Dynamo Invitational	14u, 16u, 18u	May 4, 5th				
Open Water Champs	All Ages	May 31, June 1				
Summer Camp	All Ages	All of June				
Central FL Champs	12u, 14u, 18u	June 14, 15th				
Sunshine State Games	All Ages	June 21, 22, 23rd				
Junior Olympics	All Ages	July 31 - Aug 4				
End of Year Banquet	Open to Public	Aug 6th				
Battle of the Bay	All Ages	TBD				
Halloween Tournament	All Ages	Oct 4, 5, 6				
CARIFTA Tournament	All Ages	Nov TBD				
Beast of the East	All Ages	Dec 12, 13, 14th				



NL Combine: How We Track Athlete Progression

The NL Combine is a series of baseline tests our club runs during practice **every (2) months** to help track our Athlete's development and understand where we need improvement. New Athletes will be placed in their age appropriate program until a combine is completed and scores can be tracked. These scores are what we use to help determine whether or not an athlete is prepared to move on to the next program.

1. Splashball --> 2. 12u Team --> 3. 14u Team --> 4. HS WP

To progress on to the next program, Athletes <u>must be able to meet or exceed</u> their program's baseline scores below. This ensures that each practice remains competitive and that athletes are training with others at their same level. We ALWAYS need parent assistance to make the Combine run smoothly, so if you're available to volunteer we'd love your help to track scores at one of the following stations!

Splashball	12u Team	14u Team	High School WP	
:16	:12	:08	:07	12.5M Sprint
:35	:30	:18	:16	25m Sprint
1:15	1:00	:38	:33	50m Sprint
2:45	2:10	1:18	1:10	100m Sprint
PASS/FAIL	PASS/FAIL	PASS	PASS	Tread Test
1:30	1:00	×	X	Gauntlet*
15 mph	20 mph	25 mph	31 mph	Speed Gun
25 "	30 "	35 "	45 "	High Jump
X	×	:03	:05	Grudge Belt*
ANY	ANY	2/8	3/8	Rapid Fire
ANY	:05	:10	:45	Weight Ball/ Brick

*Recommended

*Recommended

*Required

*Required

Team Gear

All Athletes are **required** to have (1) Black Team Shirt during competition. Besides our 10u Team, All Athletes are also **required** to have a Speedo / Team Suit. A Team Gear Order form will be sent out. All orders must be SUBMITTED Feb 1st to be received. All orders will be in prior to each Training Trip.

